

## CTA Rides - Feb 1 2024 to Mar 31 2024

### 50K Achievement Ride

**Sunday February 4 @ 8:00am**

*50km: Achievement, Moderate 20-25km/h, Road bike - Some hills*

Meet at 8.00 am for an 8.15 am start. Distance: ~50km: Achievement, Moderate 20-25km/h, Road bike - Some hills Meet at the corner of Chittering Road and Great Northern Highway in Bullsbrook for registration and map/ride description. The time limit of 3 hours 20mins (average 15km/h) should ensure that everyone has a chance of completing the distance. Bring enough water to last the distance, and maybe a snack/ muesli bar. Don't forget to slip slap slop on some sunscreen. Coffee and badges afterwards at Tailwinds Cafe Bullsbrook. Contact: Email:

achievementrides@ctawa.asn.au ...

Contact: John 0400 361 406 or

achievementrides@ctawa.asn.au;

### Northern Beaches

**Wednesday February 7 @ 7:30am**

*50km: Moderate 20-25km/h, Road bike - Some hills*

Join Ian on a ride from Perry Lakes (near the skate park) along the Northern Beaches ...

Leader: Ian 0431 424 488;

### Leaderless Ride

**Sunday February 11 @ 7:30am**

The forecast today is for very hot weather, so we will meet early with a ride length dependent on the weather ...

### South of the River Loop

**Wednesday February 14 @ 8:00am**

*42km: Leisurely 15-20km/h, Road bike - Some hills*

Meet at Raffles/Canning Bridge West, follow the river up around through AppleX, Attadale & Point Walter, up the hill to Bicton, Riverside Drive, and Marine Terrace-COFFEE @ Roasting Warehouse South Fremantle (Choice of 2 coffee spots, the next being South Freo Continental). Then, continue on South Terrace towards South Beach, through Hollis Park, to Hampton-Rockingham Road intersection on Healy Road, south on Redmond, east Millar Cres., south to O'Connell St., east on Forest Road towards Bibra Lake. Follow Progress Rd

to Kwinana FWY bike track back to Raffles Finish. ...

### River, Lakes, Ocean

**Sunday February 18 @ 8:00am**

*48km: Moderate 20-25km/h*

Ride along river then head south to ride along the linked lake system, then head west to Coogee. Coffee at Dome in Coogee (about 35km into the ride). Then ride along the ocean through Fremantle back to Point Walter. ...

Leader: Linda ;

### Coastal Ride

**Wednesday February 21 @ 7:30am**

*50km: Leisurely 15-20km/h, Road bike - Flat*

Meet at Cottesloe train station 7.30 am for a ride south to Fremantle and then coffee at coffee roasting warehouse South Fremantle. ...

Leader: Debbie 0407 953 836;

### 5000 in 4 Achievement Ride

**Saturday February 24 @ 8:00am**

*55km: Achievement, Moderate 20-25km/h, Road bike - Hilly*

8.00 for a 8.15 am start. Meet behind the Dome on the cnr of Gilwell Ave and Albany Hwy near Kelmscott Train Station for registration and map/ride description. The course promises 5,000 feet of uphill and downhills around the Armadale & Roleystone area. Bring sunscreen, snacks and plenty of water. Time limit is 4 hours. Coffee and badges at the Dome Kelmscott afterwards.

achievementrides@ctawa.asn.au ...

Contact: John 0400 361 406 or

achievementrides@ctawa.asn.au;

### CTAWA Annual General Meeting 2024

**Sunday February 25 @ 10:00am**

*Main Events, Meeting*

The CTAWA Annual General Meeting is on Sunday 25th February 2024 at 9:30am for a 10:00am start. The venue is The RISE Community Centre, 28 Eighth Avenue, Maylands. The Agenda and all the currently available papers for the AGM are available here. Remember to bring your own mug. &!-- PS: If you want to purchase CTA clothing at the AGM please contact Connie (clothing@ctawa.asn.au) prior to the meeting as

she won't be bringing it along due to the volume of sizes. --> ...

Leader: Jeremy info@ctawa.asn.au;

### **Let's Do Some Hills**

**Wednesday February 28 @ 8:00am**

*46km: Moderate 20-25km/h, Road bike - Hilly*

We meet at Midland train station at 8 am for a 8.15 start. Heading up Darlington Road and through the John Forrest National Park, we make our way to the Dome in Mundaring. After the coffee it's much easier, mostly downhill back to Midland. Ride leader: Liz 0423207258 ...

Leader: Liz 0423 207 258, 9293 0398 or elsbethmarshall@gmail.com;

### **Ride Leader Needed**

**Sunday March 3 @ 8:00am**

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### **Ride Leader Needed**

**Wednesday March 6 @ 8:00am**

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### **Ride Leader Needed**

**Sunday March 10 @ 8:00am**

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### **Dwellingup Collie Mountain Biking Adventure**

**Monday March 11 - Saturday March 16**

*Mountain bike - Hilly*

Everyone books their own accommodation: 11th and 12th of March in Dwellingup and 13th, 14th, and 15th of March in Collie. So we have three days riding in Dwellingup and three days riding in Collie. Both towns have single tracks and are also on the Munda Biddi. The participants can either do their own thing or they can come with me: Day 3 and day 6 on the tracks and day 1, 2, 4 and 5 on the Munda Biddi. (4 hours each day) Sarah is taking a group for an overnigher in the Dandalup hut. She is leaving on Monday and returning on Tuesday to Dwellingup. Please contact her on 0484368837 for the starting time, if you are interested to go on a real Munda Biddi adventure. ...

Leader: Liz 0423 207 258, 9293 0398 or elsbethmarshall@gmail.com;

### **Ride Leader Needed**

**Wednesday March 13 @ 8:00am**

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### **Ride Leader Needed**

**Sunday March 17 @ 8:00am**

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### **Ride leader needed**

**Wednesday March 20 @ 8:00am**

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### **100K Achievement Ride .**

**Sunday March 24 @ 8:00am**

*100km: Achievement, Moderate 20-25km/h, Road bike - Some hills*

8.00 am for an 8.15 am start. Meet at Armadale Train Station for registration and map/ride description. A pretty but demanding ride taking in Mundijong, Serpentine Dam (the cafe is our usual coffee stop), keep going uphill to Jarrahdale, and then back to Armadale. The middle section is hilly. Time limit is 6hrs 40mins. This works out to be a leisurely pace average. gpx route files are available at 100 km. 100k Take 2 is the route we will use. achievementrides@ctawa.asn.au ...

Contact: John 0400 361 406 or achievementrides@ctawa.asn.au;