

30th Anniversary Full Pannier Tour 2004

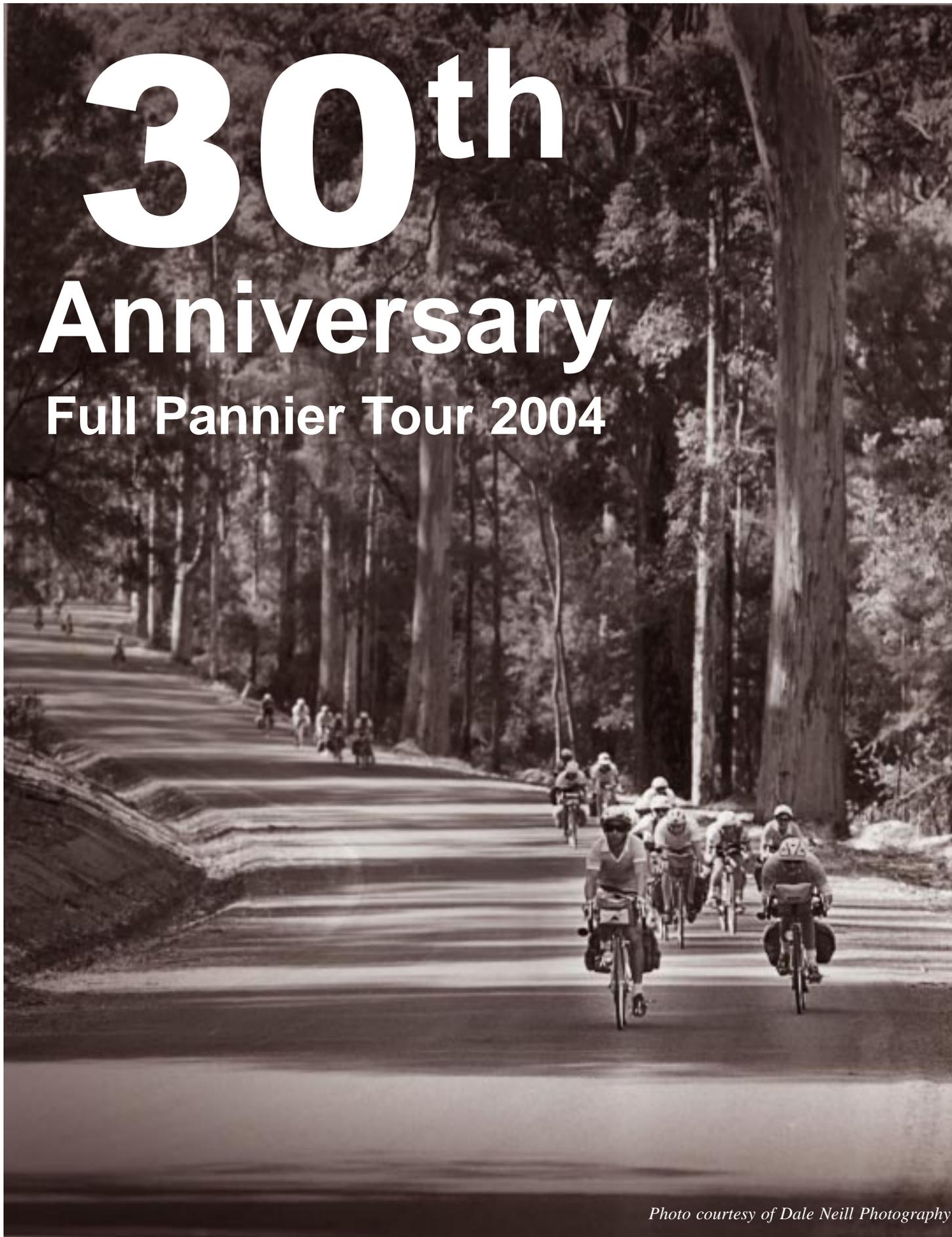
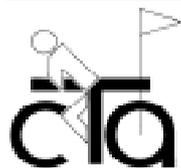


Photo courtesy of Dale Neill Photography



Cycle Touring Association of WA (Inc)

The CTA Albany to Perth Tour 17 April - 2 May 2004

THE 30th ANNIVERSARY

Full Pannier Tour

17 April to 2 May 2004

This is a self-supporting camping tour from Albany to Perth being organised by the Cycle Touring Association of WA (Inc).

Leave your troubles behind as you leisurely tour through some of WA's most scenic spots, including tall-timbered forests, tranquil beaches, native wildlife, caves and historic buildings.

The total distance of 810km over 12 cycling days, will be broken with three rest days, to allow participants to rest and have the opportunity to take in the more picturesque spots. Those who plan to participate in this type of tour for the first time will gain a real sense of achievement as you conquer what was first thought of as impossible, while developing friendships and camaraderie seldom experienced elsewhere. There will be a "trial" tour on the Labour Day long weekend, 29 February to 1 March, so that the organisers are completely satisfied with the capabilities of both rider and bike.

Priority will be given to CTA members, but the tour is open to other cycling clubs and members of the general public. Book early to avoid disappointment, as numbers will be limited!

Tour Costs

The following costs cover all accommodation, transport for you and your bike, tour shirt, tour badge, maps and the halfway celebration dinner at Nannup. All other meals and incidental costs are to be met by the participant, so these must be factored into your budget.

Option 1: Albany – Perth, 17 April – 2 May **\$280**

Option 2: Albany – Balingup, 17-25 April **\$230**

Option 3: Nannup – Perth, 24 April – 2 May **\$200**

Option 4: Nannup – Balingup, 24-25 April **\$66**

NOTE: Option 4 – Weekend halfway tour. The \$66 covers the transport from Perth and return, tent accommodation at Caravan Park and halfway celebration dinner. Also, spaces will only be available once the transport needs of option 2 and 3 have been satisfied.

Full payment with the official entry form must be received before the closing date of 29 February 2004. Cheques should be made payable to Cycle Touring Association of WA (Inc) and forwarded with your completed entry form to:

KJ Claux
2 Young Lane
PARKWOOD WA 6147

What You Will Need

- ✿ A good, reliable touring or hybrid bicycle with a wide range of lower gears. Make sure your bicycle is in good mechanical condition and has provision for two water bottles.
- ✿ Securely mounted, good quality, pannier racks and pannier bags.
- ✿ A lightweight tent, sleeping bag, food, tool kit, and container for additional water.
- ✿ Your own insurance to cover personal belongings, accidents and liability.
- ✿ Most of all, participants should possess a good level of fitness, as much of the terrain is hilly and there are successive days of reasonably long distances, ie: 76 and 89km.

A trip kit containing maps, town guides, a comprehensive packing list and details of the Labour Day long weekend "trial" tour will be sent closer to the start of the tour.

Age Conditions

No person under the age of 18 on 17 April 2004 will be allowed to take part in the tour. The organisers reserve the right to reject any prospective participant for whatever reason.

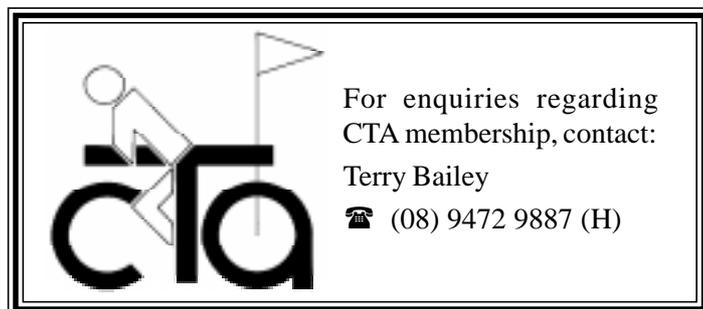
Safety

- ✿ It is compulsory, by law, to wear an approved cycle helmet.
- ✿ You must not wear headphones or thongs whilst cycling on the tour.

Enquiries

Tour Organiser: Kleber Claux
☎ (08) 9354 7877 (H)
☎ (08) 9360 2743 (W)
email: claux@murdoch.edu.au

Tour Co-Leader: Stan Wiechecki
☎ (08) 9444 4207 (H)



The Itinerary

DAY ONE

OPTIONS 1 & 2 – PERTH TO ALBANY BY BUS

Meet at the Perth Entertainment Centre car park on Wellington Street, with bike and panniers at 8:30am for a 9:00am departure. Arrive at Albany YHA mid-afternoon with time to relax and have a devonshire tea while taking in some of the many sights this historic town has to offer. In the evening we will let our hair down and enjoy live entertainment while we build up our energy levels with some good food.

DAY TWO

REST DAY IN ALBANY

Here is your opportunity to get into the holiday mood. The fit ones can visit Mt Clarence, Middleton Beach, the Old Farm – Strawberry Hill and other sights close to town. For those who need a few more kms, a ride to the Whaling station at Frenchman Bay is recommended. After lunch at the restaurant you can visit the Gap, Natural Bridge, Salmon Holes and a swim at Whaler's Cove if you wish. In the evening take the opportunity to hone your cooking skills in the YHA kitchen and share food and time with your new touring companions.

DAY THREE

ALBANY TO DENMARK – 62km

With panniers fitted it's On Your Bike as we head out on the Lower Denmark Road to avoid the narrow South Coast Highway. This scenic route makes for a pleasant morning tea stop at Grassmere or Torbay, then a possible side excursion into Cosy Corner beach for a swim and lunch. Skirting Wilson Inlet, we then arrive at Denmark and settle into the beautiful Riverbend Caravan Park beside the Denmark River.

DAY FOUR

DENMARK TO WALPOLE – 72km

Up early to ride through beautiful undulating farmland, with an opportunity to call in for a swim at Green's Pool at William Bay. Then onto Bow Bridge for lunch before visiting the Valley of the Giants and the treetop walk. You may have to call into Walpole to buy provisions before settling into Coalmine Beach Caravan Park.

SATURDAY APRIL 17

DAY FIVE

WALPOLE TO SHANNON RIVER – 69km

Today's ride will see us "roughing it" as we head into some serious hills and lunch amongst the majestic Jarrah and Karri trees of the D'Entrecasteaux National Park. Then onto our overnight stop at Shannon National Park on the Shannon River. We will be camping under the stars with the "Trangia Chefs" showing off their culinary skills.

DAY SIX

SHANNON RIVER TO PEMBERTON – 72km

After a good night's sleep in "the bush" it's off to Northcliffe for morning tea and a ride through Northcliffe Forest Park, where the trees are the biggest and oldest in a forest situation. The undulating 28km to Pemberton from Northcliffe must be one of the most attractive Karri forest drives in the South West. After lunch at Pemberton, and purchasing provisions for the legendary "his and hers" cooking competition, it's up Pumphill Road to the Pimelea YHA.

DAY SEVEN

REST DAY IN PEMBERTON

Sleep in, wash your knicks, read a book or get up and go! "Trap a trout" at the hatchery with a devonshire tea, "Travel on the Tram" to the Warren River, "Ride the Rainbow Trail" and see the Big Brook Arboretum or "Glide up the Gloucester Tree", before heading back to Pimelea for the "His or Hers" dinner.

DAY EIGHT

OPTIONS 3 & 4 – PERTH TO NANNUP BY BUS

Meet at the Perth Entertainment Centre car park on Wellington Street, with bike and panniers at 8:30am for a 9:00am departure. You will have time to settle into the Nannup Caravan Park then ride out to meet the tourists en-route from Pemberton.

PEMBERTON TO NANNUP – 72km

Today we start out on Channybearup Road, which passes through beautiful farmland to the Vasse Highway on the edge of Beedelup National Park. The downhill ride to the Karri Valley Resort, through those huge trees, is breathtaking. If you have room after

WEDNESDAY APRIL 21

THURSDAY APRIL 22

FRIDAY APRIL 23

SATURDAY APRIL 24

Post completed form with FULL payment to:

KJ Claux
2 Young Lane
PARKWOOD WA 6147

by 29 February 2004

two days of feasting in Pemberton, then a spot of lunch by the Donnelly River might be in order. As we approach Nannup, the group from Perth will meet up with us, and we can all enjoy the last few kms into town. Tonight we will celebrate the halfway point with dinner and drinks as we say goodbye to those leaving us in the morning.

DAY NINE SUNDAY APRIL 25
OPTIONS 2 & 4 – NANNUP TO BALINGUP – 41km THEN TO PERTH BY BUS

As we wave farewell to our companions of the last 8 days, we will be thinking of them as they ride to Balingup, following one of the most scenic routes in WA. "Talbot Tourist Lines" will then deliver them safely back to Perth by mid-afternoon.

NANNUP TO AUGUSTA – 89km

An early start is in order as this is one of the longer days. The terrain is now undulating through bush and open farmland to Alexandra Bridge, where lunch can be consumed after a cool swim in the Blackwood River. Then it's onto Augusta and a nice hot shower before a delicious meal at one of the many quality eateries available in town.

DAY TEN MONDAY APRIL 26
AUGUSTA TO HAMELIN BAY – 20km

After two hard days for some, and one for the new chums, today is ideal. The morning can be spent cycling the short distance to Cape Leeuwin to visit the lighthouse and the salt encrusted waterwheel. Heading north from Augusta along Caves Road, stop into the Jewel Cave for a guided tour before continuing onto restful Hamelin Bay Caravan Park. Here you can comb the beach, catch a wave or curl up and go to sleep.

DAY ELEVEN TUESDAY APRIL 27
HAMELIN BAY TO MARGARET RIVER – 41km

By now everyone should have slowed down to a sedate touring pace, so amble up Caves Road for a look at the Boranup Forest Maze and then onto the Boranup Galleries to consume a devonshire tea, while looking at the fine works of art on display. The spectacular Boranup Karri Forest is worth savouring, as you make your way past Eagles Heritage, to the Margaret River Caravan Park.

DAY TWELVE WEDNESDAY APRIL 28
MARGARET RIVER TO DUNSBOROUGH – 44km

The ride will start by heading north to Cowaramup for morning tea, then zigzagging north between Caves Road and Bussell Highway,

to avoid the traffic and give riders the opportunity to call into one of the many places of interest on the way. Lunch at the Rivendell Winery or later at the now famous Dunsborough Bakery, is recommended before heading off to the YHA Hostel at Quindalup to relax.

DAY THIRTEEN THURSDAY APRIL 29
REST DAY IN DUNSBOROUGH

If you are not keen on leaning back and snoozing in one of the deck chairs at the hostel, you could take in the surf at Yallingup Beach or the placid waters of Eagle Bay, before riding up to Cape Naturaliste. If you are into hard rock, then maybe Canal Rocks is your scene.

DAY FOURTEEN FRIDAY APRIL 30
DUNSBOROUGH TO BUNBURY – 82km

We will take quiet back roads through Vasse, Wonnerup and Ludlow, with the Tuart trees of the Tuart Forest National Park lining our route. After lunch at Capel we will continue along the Bussell Highway to Bunbury and overnight at the Koombana Bay Holiday Resort.

DAY FIFTEEN SATURDAY MAY 1
BUNBURY TO MANDURAH – 98km

Today sees us take the coast road through Australind, then further north we have the opportunity to look in at Myalup Beach and the Emu Farm and wildlife sanctuary. Past Lake Preston and Lake Clifton and a recommended stop at the famous pie shop at Falcon for afternoon tea. Leave your tent and trangia packed as we settle into "Lundy's Holiday Mansion" in Mandurah. On the last night we will celebrate our 30th Anniversary in style, with good food, wine, dancing and company, at the Silver Sands Tavern with other CTA members down for the weekend from Perth.

DAY SIXTEEN SUNDAY MAY 2
MANDURAH TO PERTH – 95km

The last day of the Tour, sigh! We head north from Mandurah to more familiar surroundings as we pause for morning tea at Rockingham. Then we leave Cockburn Road at Woodman Point and follow the cycle path into Fremantle, with our other CTA friends joining us for the day. After lunch and one or two cappuccino's later, then it's off to Perth to officially end the tour.

Congratulations!

OFFICIAL ENTRY FORM

The 30th Anniversary Full Pannier Tour 2004

First Name: Surname:

Address:

Suburb: Postcode:

Email:

Telephone: Home () Work: () Male Female T-Shirt size

Payment: **Option 1 - Full Tour: \$280** **Option 3 - Second Week: \$200**

Option 2 - First Week: \$230 **Option 4 - W/E Halfway Tour: \$66**

I understand that participation in the 30th Anniversary Full Pannier Tour 2004 involves riding on public roads used by other traffic and I am aware of the general hazards involved in riding a bicycle. In my own judgement, I have sufficient competence and experience to participate safely in the 30th Anniversary Full Pannier Tour 2004. I hereby release, exempt and indemnify the organisers and all other persons involved in the organisation of the 30th Anniversary Full Pannier Tour 2004 from all actions, proceedings, demands, costs, expenses and claims whatsoever made or taken by any person arising out of my participation in the 30th Anniversary Full Pannier Tour 2004. I understand that conduct which in the opinion of the organisers threatens the safety of other cyclists, the use of bad language, or other unsociable or offensive behaviour, may result in my exclusion from the tour without refund.

Signature of participant: Date: / /