

## CTA Rides - Mar 28 2024 to Jun 2 2024

### **Fast n Furious Swan Valley, Led by Scott**

**Saturday March 30 @ 8:00am**

*47km: Moderate 20-25km/h, Road bike - Hilly, Touring bike, Weekend*

Leave your comfort zone in the dust and try something new on this Saturday ride with Scott. He has made a legally-binding undertaking that 'fast' in this context equates to the official CTA 'Moderate' pace, while Silvia has undertaken to shoulder the responsibility of being furious. Start Time: Meet at 08:00 for 08:15 depart. Start Location: Guildford Train Station, car park on north side. Description: Hey there, fellow adventurers! Join us at the Guildford Train Station's northern side car park at the leisurely hour of 8 am, with wheels rolling promptly at 8:15 am. Our destination? The enchanting Swan Valley awaits! Picture this: smooth paths winding through picturesque landscapes, with a backdrop of world-class wines and mouthwatering treats. Now, don't worry about the terrain - we are talking hills, not mountains! Weir Road's ascent might get your heart pumping, but at just 1.4km with a 13% gradient, it's more exhilarating than daunting. And that other hill? Piece of cake! With a 6.5% gradient and less than a kilometer to conquer. But wait, there's more! A pit stop awaits at Herne Hill for a cozy coffee break. And for our esteemed seniors, a special treat awaits: 10% off the All Day Breakfast menu when you flash your senior's card. So, lace up those cycling shoes, grab your sense of humor, and let's pedal our way to a day filled with laughter, scenic views, and maybe a few unexpected surprises along the way. See you at the station! ...

Leader: Scott 0427 332 271;

### **Northern Suburbs Ride with Sarah**

**Sunday March 31 @ 8:15am**

*35km: Moderate 20-25km/h, Road bike - Some hills*

Today you get to follow Sarah through the leafy northern suburbs. It's her off day, so don't try it on with any of that 'broken ribs' nonsense. Sunrise is at 06:27. Think Ahead: Don't let yourself get caught out again. Come prepared with a ride you plan to lead and an assortment of alternative dates. Throw caution to the wind - what have you got to lose at your age? - and plan to lead two different rides! Or three!! Start

Location: Britannia Reserve, shady carpark. Start Time: Meet at 08:15 for 08:30 depart. Description: Work off those Easter Eggs with a ride around the river heading to Jackadder Lake for coffee. ...

Leader: Sarah 0484 368 837;

### **Follow Blue Bruce from the Raffles to Timber Caf  **

**Wednesday April 3 @ 8:00am**

*52km: Moderate 20-25km/h, Road bike - Flat, Touring bike*

Today Blue Bruce scores another point for the locals and it looks like the Kiwis are finally in the descendency. But this is no reason to become complacent, so put your name down soon to lead a future ride. There are 250 million years of slots to fill - you must have at least one or two free days amongst that lot. Sunrise today is at 06:29 and the daylight hours are getting noticeably shorter. Start Time: Meet at 08:00 for 08:15 depart. Start Location: Raffles Hotel, to the north at the western end of Canning Bridge. Description: A moderately paced flat ride with a mixture of PSP, cycle lanes and suburban streets. Heading south on the freeway PSP then east on Parry Avenue, south on Garden Street to find our way into Harrisdale for coffee. We return to the Raffles via Wright & Jandakot roads back to the Freeway PSP. with a mixture of PSP, cycle lanes and suburban streets. ...

Leader: Bruce S ;

### **Social Night: Cycle Touring, a Taste of Europe & Silent Auction**

**Thursday April 4 @ 7:00pm**

*Meeting, Social*

Doug and Rickus : Europe - Really not sure why we did this! The advent of Covid had many of us putting European and other holiday plans on hold, Rickus and Doug included. So when 2023 came round and most of the world opened up again, it seemed a good idea to put these stalled plans into action. Their plan was to cycle from The Netherlands through Belgium and France, into Spain and possibly onwards to Santiago de Compostella which is the end point for the Camino walks that go through Portugal, Spain and France. Others would call the intended journey an awakening of spirit and consciousness as one journeys through rural

Europe and experiences the cuisine, customs and religious mores of the locals, leading to spiritual enlightenment and a feeling of deep inner contentment. Doug and Rickus just thought it would be a bloody good pub crawl! So come and listen to how they were in Europe for around 60 days, cycled for 42 days, covered just over 2500km, slept on the ground for 32 days in succession, and had expenses of around A\$60 per day when cycling. Biggest day was just over 90km, and hardest day was up and over the Pyrenees. Not speaking French or Spanish was not a problem, no-one really understands old men anyway, especially cranky, wild looking Australian types like the 2 of them! Noel & Connie : From Stockholm to Brussels The plan was to follow the Euro Velo 8 down the east coast of Sweden through quaint little villages to Malmo. Then crossing to Copenhagen, Denmark by train before arriving in Germany. A few days cycling in Germany before reaching Hamburg where we travelled by train to Den (The) Hague in the Netherlands. From there it was another train trip to the town of Maastricht which is a beautiful historic city, in the very south east of the Netherlands. Then to Belgium - Ypres (famous for the battles that took place during the First World War), Bruges, Ghent and finally to arrive in Brussels. Connie and Noel will fill in the details with postcard photos and stories of their trip. Silent Auction A kind cyclist has generously donated some good quality cycle touring items. So this is the one time when we ask you to bring some cash or your bank account number to participate in the silent auction. All funds raised will go to a good cause, namely the CTA (or if I have my way, it will go towards another fabulous Social night). Here's a sneak-peak on what some of them are (RRP\$ when new), with our very own in-house model who hasn't been paid a cent. For further information, please ring Jeremy on 0466 271 481 or email [info@ctawa.asn.au](mailto:info@ctawa.asn.au).  
Richard Jones Convertible Pannier/Backpack (Rear only) USD\$282.00  
Arkel Waterproof Handlebar Bag \$272.00  
Topeak Handlebar Bag \$59.49  
1 pair Cannondale 6 point 3 Platform pedals \$62.00  
2x Pro Bottle Cage \$29.99 each  
Richard Jones Classic Convertible Pannier/Backpack (Front & Rear Panniers convert to backpack) USD\$495.00 ...  
Leader: Yew Li ;

**\*\*\* New Start Time \*\*\* To the Nearest of Faraway Places (and back!) with FastBananasÂ¹**

**Sunday April 7 @ 8:30am**

*45km: Leisurely 15-20km/h, Road bike - Flat, Touring bike, Weekend*

Notes: 1. The name has been changed to protect Jane's anonymity. Please respect this choice during the ride. Start Time: Meet at 08:30 for an 08:45 start. Sunrise today is 06:32. Start Location: Murdoch Station, east end of Station overpass. Description: Leaving Murdoch station we head east to join the Roe Hwy path then turning north to pick up the Tonkin Hwy. Using the new Moora-Beeloo Bridge we visit The Nearest of Faraway Places and the new BMX track. The route then tracks along beside the Swan River to the city for Coffee. ...

Leader: Jane McMahon Ex-directory;

**East & South with Christine**

**Wednesday April 10 @ 8:00am**

*46km: Midweek, Moderate 20-25km/h, Road bike - Flat*

Today Christine has kindly offered to leave her night vision goggles behind and lead a ride in the sunshine. Sunrise is at 06:34. No comment. Start Time: Meet at 08:00 for an 08:15 start. Start Location: Narrows Bridge, south side near the toilet block. Description: This is a fairly flat ride along the South Perth and Burswood foreshores and the Armadale Line, then through Queens Park to Orrong Rd and Roe Highway. After winding our way through Parkwood we will stop for coffee at the Lo Quay River Cafe (after about 34 kms). Despite the title, the ride will then meander northwards through Waterford and Manning before taking the Kwinana Freeway PSP back to the Narrows Bridge. ...

Leader: Christine 0400 570 077;

**TBA, Led by Jeremy & Silvia**

**Sunday April 14 @ 8:00am**

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**Arthur's Doghouse Run**

**Wednesday April 17 @ 8:00am**

*49.92km: Midweek, Moderate 20-25km/h, Road bike - Flat*

The Magnificent Arthur has graciously offered to

lead this amazingly flat ride. Sunrise is at 06:39 so it will probably already be light by the time you have to wake up. Start Time: Meet at 08:00 for 08:15 depart. Start Location: Canning Bridge, adjacent to the Raffles Hotel. Description: Cross the Canning Bridge to join the Kwinana Freeway South PSP. At Cockburn Central we'll head southeast through Atwell & Banjup then north/northwest through Piara Waters, Canning Vale, Willeton, Brentwood & Mount Pleasant to finish with coffee at either the Dome (Deepwater Point) or the Rowing Pavilion (Canning Bridge). The ride finishes after 49.92 km precisely, and you are on your own after that. ...

Leader: Arthur 0407986338;

### **CTA 50th Anniversary Tour Saturday April 20 - Sunday May 5**

*840km: Main Events, Tour, Touring bike*

Since the inception of the Cycle Touring Association of WA in 1974, a tradition of conducting a long-distance cycling tour has been held marking each successive decade. In 2024 the Club celebrates a milestone, achieving 50 years of continuous operation in providing a wide variety of recreational and social rides to members, with a focus on cycle touring. In light of this achievement, a tour has been devised generally following previous routes from Albany to Perth, as best as is able following the south west coastline of Western Australia. An 840km tour will be conducted over 16 days from Saturday 20 April to Sunday 5 May 2024. This will be an un-supported full pannier tour focused primarily on riders prepared to camp at the respective caravan parks along the way. Advanced reservation of camping sites at caravan parks to accommodate tour participants has been made and will be managed on behalf of campers by the Tour Organiser. The chosen route has been varied to enable those participants who elect not to camp to seek alternative accommodation in towns in which we will stay overnight. However, be aware there are a few small towns where finding alternate accommodation is very limited, plus anybody electing not to camp is personally responsible for making their own respective reservations and arranging direct payment with the venues of their choice. By their very nature, linear tours necessitate the transportation of riders, bikes and gear to either the start or back from the end

destination of an event. Logistically, the management of this exercise has its limitations depending on vehicles utilised to move people and equipment. A tourist coach towing a luggage trailer, along with utilising the CTA bicycle trailer will determine the overall capacity of riders able to participate in this event. Also contributing to a cap on numbers is the limited capacity of some smaller caravan parks to accommodate campers. Based upon the above determinates, the overall capacity for this event will be limited to 30 entrants. This tour is open to CTA members and given the limitation on the overall number of participants, registrations for the event will only be accepted from members prepared to undertake the entire event. Please consider your situation carefully, thereby minimising the risk of possibly taking a scarce position away from another club member who may miss out as a result of your decision. [osm\_map\_v3 map\_center="autolat,autolon" zoom="autozoom" width="100%" height="450" file\_list="./ctawa\_files/gpx/other/2024\_cta50th/tour20245at.gpx" file\_color\_list="blue" file\_title="50th Anniversary Tour"] Please direct any inquiries via email to teeb50@gmail.com Trevor CTAWA 50th Anniversary Tour Organiser The tour itinerary is available here &!-- The tour entry form is available here --> The daily GPX tracks (and maps) are available here For those joining in Albany, the venue is: Tasman Holiday Park 22 Wellington Street Albany WA &!-- Broadband Providers --> ...

### **Western Suburbs Wander with Peter & Tessa**

**Sunday April 21 @ 8:00am**

*50km: Leisurely 15-20km/h*

Today's ride is led by the famous Peter and Tessa tag team. Sunrise at 06:42. Start Time: Meet at 08:00 for 08:15 depart. Start Location: Narrows Bridge, south side near the toilet block. Description: It's the Western Suburbs Wander! What more can be said? Not much, due to security concerns. ...

Leader: Peter 0417 974 024;

### **TBA, Led by Mike**

**Wednesday April 24 @ 8:00am**

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**TBA, Led by Scott**  
**Wednesday May 1 @ 8:00am**

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**TBA, Led by Ex-president Stu**  
**Sunday May 5 @ 8:00am**

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**TBA, Led by Judy**  
**Wednesday May 8 @ 8:00am**

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**TBA, Led by Allwen**  
**Wednesday May 15 @ 8:00am**

...

**TBA, Led by Sue**  
**Wednesday May 22 @ 8:00am**

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