

## CTA Rides - Jan 1 2025 to Feb 28 2025

### The Big Sign-up Ride to Lo Quay

**Sunday January 5 @ 8:45am**

60km: *Leisurely 15-20km/h, Moderate 20-25km/h, Road bike - Flat, Touring bike, Weekend*

It's the first ride of the new year, so it's time to brush the dust off your resolutions and get back on your bike. In case you have already forgotten, your Primary Resolution for 2025 is: 1. Sign up to lead three or more CTA rides. And today is your lucky day! The brand-new ride list sheet is open for business, so get yourself down to Lo Quay and bring your ride idea(s) along. Get in early and grab your favourite days before they're gone. This offer is open for a strictly limited time only and absolutely must finish on 31st December. Sunrise at 05:17 Start Time: Meet at 08:45 for a 09:00 start. Start Location: The Reserve formerly known as Banks, riverside BBQ area Description: Upstream along the Swan to Tonkin Hwy, past the airport to Roe Hwy then Downstream along the Canning to Lo Quay. Back to the start via Fwy, cutting across through South Perth. ...

Leader: Patrick 0481 998 888;

### Second Chance Sign-up Ride to Scarborough

**Wednesday January 8 @ 8:45am**

55km: *Leisurely 15-20km/h, Midweek, Moderate 20-25km/h, Road bike - one hill, Touring bike*

It's the second ride of the new year already, but don't worry - there are still a few empty spaces in this year's ride calendar. I know it is already eight days into the new year, so for those who may have forgotten, your Primary Resolution for 2025 is: 1. Sign up to lead three or more CTA rides. The ride list sheet is still open for business, so get yourself up to Scarborough and bring your ride idea(s) along. Grab your favourite days before they're completely gone. This offer is open for a strictly limited time only and absolutely must finish on 31st December. Sunrise at 05:20 Start Time: Meet at 08:45 for a 09:00 start. Start Location: The Reserve formerly known as Banks, riverside BBQ area. In case you are wondering which Bank? Its Banks Reserve, Mt Lawley. Meeting near riverside BBQs Description: Over to the coast, up to Scarborough Beach and back to Banks Reserve. Maybe we'll witness

'The Tandem' pushed up Mount Street. Coffee in Scarborough. It's a late start - long way for leader to get there - so don't forget your sunscreen. ...

Leader: Patrick 0481 998 888;

### Dinner with Liz at The Kalamunda Hotel

**Thursday January 9 @ 5:15pm**

36km: *Leisurely 15-20km/h, Midweek, Night ride, Road bike - Hilly, Touring bike*

Join Liz for an evening of sophisticated conversation over dinner at the exclusive Kalamunda Hotel. Or join Richard for some marginally less-sophisticated humour. Sunset at 7:27 pm Start Time: Meet at 5:15 pm for a 5:30 pm start. Start Location: Midland Train Station, on the bus station side Description: Ride up to Kalamunda. You can choose between Kalamunda Road or Gooseberry Hill Road, aren't you lucky? It's all worth while, because you get a pub meal before a descent down the Zig Zag. Front and rear lights a must. ...

Leader: Liz Marshall 0423 207 258 or [elsbethmarshall@gmail.com](mailto:elsbethmarshall@gmail.com);

### 2024 Ride Leaders Free Lunch (By invitation only)

**Sunday January 12 @ 12:00am**

*Social*

It's time for the 2024 Ride Leaders BBQ. This event is a luxury slap-up meal fully funded by CTA membership fees. There may even be BBQ Spam on the menu. This event is by invitation only, for those who actually led two or more rides during 2024. There will be bouncers in attendance. For anybody who missed out on an invitation this year, the 2025 Ride Calendar is now open! Location: Top Secret. No Gatecrashers. Time: Meet at 11:30 am. The event will finish once nobody can stuff down any more truffles or caviar. Description: No riff-raff A big thanks to the following dedicated volunteer ride leaders, who together led 119 rides throughout 2024, and without whom there would be no CTA: Liz Scott Connie Christine Allwen Rita Stuart Jeremy Noel Randell Brian Michael Ian Debbie Peter Tessa Sue Arthur Cliff Greg John Ken Kleber Linda Nick Patrick Sally David Sarah Silvia Taka Udeni Vanessa Anke Thanks also to the following members who narrowly

missed out on an invitation by only one ride:  
Bruce Dave Don Judy Mary Mike Nic  
Rob Roy Yew Li ...

### **Whiteman Park, with Jeremy**

**Wednesday January 15 @ 8:45am**

*50km: Midweek, Moderate 20-25km/h, Road bike - Flat, Touring bike*

It's back into the Twilight Zone of a Bermuda Triangle that is Whiteman Park with expert ride leader Jeremy. Don't worry - you'll probably emerge alive, even if you have mysteriously aged ten years like what happened to the previous group that actually made it through. Sunrise at 05:26 Start Time: Meet at 08:45 for a 09:00 start. Start Location: Maylands Train Station, not the D'Arme side. Description: Along the Tonkin Highway bike path then through Whiteman Park, Brabham, and West Swan for coffee at Maison St Honoré. Then back to the Maylands Train Station via Guildford. ...

Leader: Jeremy 0466 271 481 or  
info@ctawa.asn.au;

### **Yanchep Ride & Train with Ian**

**Sunday January 19 @ 8:00am**

*50km: Moderate 20-25km/h, Road bike - Flat, Touring bike, Weekend*

Ian is back in town, and he intends to let everybody know about it by bursting into the new year with an all new ride. Will the CTA be able to adapt and absorb this innovation shock? Come along and watch the confusion and carnage. Note to tandem riders - there's no access ramp at Greenwood station, thanks to the condescending paternalism of the PTA. Note to prostate-deficient members - there's no toilet at Greenwood either. Note to smug seniors card holders - it's free transport for all during summer, so anybody with a Smartrider card gets to use the train. Even on weekdays. Even during peak hour. Bet you regret rushing to get old just for the free transport. Sunrise at 05:17. Start Time: Meet at 08:00 for an 08:15 start. Start Location: Greenwood train station, near the imaginary public toilet at the top of the imaginary access ramp. Description: A coastal ride all the way to Yanchep but we use the new trainline to return in comfort in heat of the day. Coffee at Mindarie Marina on the way. Bring your togs for a swim if you like and seniors card for a free ride back! ...

Leader: Ian Grose 0431 424 488;

### **Fremantle Loop, with Silvia**

**Wednesday January 22 @ 8:45am**

*60km: Midweek, Moderate 20-25km/h, Road bike - Flat, Touring bike*

Silvia's off to Fremantle for coffee, taking the long way to avoid the possibility of any hills. There should be a tail wind in both directions. Sunrise at 05:32 Start Time: Meet at 08:45 for a 09:00 start. Start Location: Narrows Bridge, southern end. Near the toilet block, but maintaining a respectable distance. Description: We'll head down the freeway to Cockburn and then across to Coogee and up along the coast to Fremantle for coffee break before heading back to the start. ...

Leader: Silvia 0466 242 971;

### **50 km Achievement Ride**

**Sunday January 26 @ 8:00am**

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### **50K Achievement Ride**

**Sunday January 26 @ 8:30am**

*50km: Achievement, Moderate 20-25km/h, Road bike - Some hills*

Meet at 8.15 am for an 8.30 am start. Distance: ~50km: Achievement, Moderate 20-25km/h, Road bike - Some hills Meet at the corner of Chittering Road and Great Northern Highway in Bullsbrook for registration and map/ride description. The time limit of 3 hours 20mins (average 15km/h) should ensure that everyone has a chance of completing the distance. Bring enough water to last the distance, and maybe a snack/ muesli bar. Don't forget to slip slap slop on some sunscreen. Coffee and badges afterwards at Tailwinds Cafe Bullsbrook.

Contact: Email:

achievementrides@ctawa.asn.au ...

Contact: John 0400 361 406 or  
achievementrides@ctawa.asn.au;

### **Ellenbrook Explorer, with Noel**

**Wednesday January 29 @ 8:00am**

*45km: Moderate 20-25km/h*

Meet at Bayswater Station in the shade under the railway, King William St. Ride one-way to Ellenbrook and catch the train back to Bayswater Station. We will meander North, checking out the North East suburbs on our way

to the new Ellenbrook Train Station. Bring your Smart Rider card. ...

**Off with Cliff, in the Dark**

**Thursday January 30 @ 4:45pm**

*25km: Leisurely 15-20km/h, Midweek, Moderate 20-25km/h, Night ride, Road bike - Some hills, Touring bike*

The hot chips are calling, so there's no holding Cliff back. Even though it's well past his bedtime. He'll regret it tomorrow, and you can too because he's ready to lead us all. It will be dark, so fully functioning front and rear lights are essential. Sunset at 7:20 pm Start Time: Meet at 4:45 pm for a 5:00 pm start. Start Location: Outside Raffles Hotel, western end of Canning Bridge. We'll never be allowed to see the inside. Description: Heading to East Freo to a new venue to CTA members for a casual meal. Plenty of bike parking. A Thursday night special on offer as well as a reasonably priced menu to suit all taste-buds. Full bar offerings as well. Road surfaces are suitable for all bike types - please ensure you have a front and rear lights in working condition. ...

Leader: Cliff 0401 951 919;

**TBA, with Christine**

**Sunday February 2 @ 8:00am**

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**Forrestfield Loop, with Connie**

**Wednesday February 5 @ 8:00am**

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**TBA, with Randell**

**Sunday February 9 @ 8:00am**

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**Swan Valley, with Stuart**

**Wednesday February 12 @ 8:00am**

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**Full Moon Ride, with Sarah**

**Saturday February 15 @ 8:00am**

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**5000 in 4 Achievement Ride**

**Sunday February 16 @ 8:00am**

*55km: Achievement, Moderate 20-25km/h, Road bike - Hilly*

8.00 for a 8.15 am start. Meet behind the Dome on the cnr of Gilwell Ave and Albany Hwy near

Kelmscott Train Station for registration and map/ride description. The course promises 5,000 feet of uphill and down dales around the Armadale & Roleystone area. Bring sunscreen, snacks and plenty of water. Time limit is 4 hours. Coffee and badges at the Dome Kelmscott afterwards.

achievementrides@ctawa.asn.au ...

Contact: John 0400 361 406 or achievementrides@ctawa.asn.au;

**Follow the Groove to Lo Quay, with Silvia**

**Wednesday February 19 @ 8:45am**

*55km: Midweek, Moderate 20-25km/h, Road bike - Flat, Touring bike*

Some might call it a rut, but we prefer the more positive vibe of a groove. Whatever. You could probably ride this one blindfold, which is exactly how Silvia intends to lead it. Have the ambulance number ready-to-go on speed dial. Sunrise at 05:58 Start Time: Meet at 08:45 for a 09:00 start. Start Location: Maylands train station, near the bike locker. Description: The 'usual' ride to Lo Quay and back. ...

Leader: Silvia 0466 242 971;

**CTAWA Annual General Meeting 2025**

**Sunday February 23 @ 10:00am**

*Main Events, Meeting, Social*

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Leader: Jeremy 0466 271 481 or info@ctawa.asn.au;

**Whiteman Park... and Beyond! With Scott**

**Wednesday February 26 @ 8:45am**

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Leader: Scott Penney 0427 332 271;