CTA Rides - Sep 1 2025 to Oct 31 2025

CTAWA 2025 Mid-West Tour
Sunday August 31 - Thursday September 11
624km: Gravel bike, Road bike - Some hills, Tour, Touring bike
*** Although the tour is now fully booked, it may be worth contacting Trevor about going on the waiting list *** Starting and finishing in Geraldton, this unsupported tour of 624 km is open to all CTAWA members. Cycling predominantly on quieter, sealed, rural roads, the route explores Western Australia's Mid-West region during our State's wildflower season. The diverse area covers vast inland cereal farms to coastal fishing and significant national parks, traversing as far south as Mingenew, east to Mullewa and north to Kalbarri. This tour encompasses 12 days in total, including travel days at the beginning and end of the tour to allow participants to get to Geraldton and back to Perth. Secure parking for participants' vehicles has been arranged for the duration of the event. There will be 9 days of riding with a Rest Day scheduled in the middle of the tour in Northampton. This is a full pannier cycling tour and collective reservations (and payment) will only be made on behalf of those participants who are camping on their selected dates. Once the tour has commenced, no refunds or offsets of pre-paid camping fees against other forms of accommodation will be made. Given the limited capacity to accommodate campers in some of the smaller caravan parks during this busy wildflower season, tour participant numbers may need to be capped. Organisation of any other style of accommodation (cabins, villas, onsite caravans, B&Bs, motel/hotel rooms), either pre & post tour, or during the event is entirely the responsibility of individuals for arranging bookings and direct payment. To enter the event, please complete a tour Registration Form from the list of documents below. Registration Form (also PDF) Tour Itinerary (also PDF) These documents are in Word & Excel which may not be supported by some web-browsers. Consequently, you may need to <Right-click> the link & then <Left-click> "Save link as..." or click the PDF link. Daily GPX tour routes are available here. ...
Leader: Trevor 0402 029 608 or teebs50@gmail.com;

Allwen's Groovy Ride
Wednesday September 3 @ 8:15am
45km: Midweek, Moderate 20-25km/h, Road bike - Flat, Touring bike
Either Allwen's leading a 60s-themed ride, or you're all going to be following in the groove that a more unkind person might describe as a rut. Just in case, wear flowers in your hair and dig out your flared knicks. This might be your lucky day. Sunrise at 06:31 Start Time: Meet at 08.15 for an 08:30 start Start Location: Narrows Bridge, south side. Near toilet block. Keep off the path. Description: Usual ride along freeway to Shelley. Along Riverton Drive, through to Ferndale and Lynwood to Nicholson Road then back around to Lo Quay. Returning back to Narrows bridge via Manning, Como and South Perth. ...
Leader: Allwen Pascoe 0416 027 573;

Yanchep via The Outback, with Silvia
Sunday September 7 @ 8:45am
50km: Moderate 20-25km/h, Road bike - Flat, Touring bike, Weekend
There has been a lot of discussion about whether WA has any 'Outback'. Well, it looks like the argument may finally be put to rest. Silvia has gone bush and has returned with extravagant claims to have found it. So, if you have ever wondered where 'The Outback' is, now is your opportunity to find out. Or it may all be a lot of hot air. Sunrise at 06:26 Start Time: Meet at 08.45 for an 09:00 start Start Location: Edgewater Train Station Description: Follow Silvia along the backroads to Yanchep Train Station. We'll stop for a coffee at the cafe in Yanchep National Park. ...
Leader: Silvia 0466 242 971;

Udeni's Groovy Ride
Wednesday September 10 @ 8:15am
42km: Leisurely 15-20km/h, Midweek, Road bike - Some hills, Touring bike
Looks like the CTA is overflowing with groovy ride leaders. Almost before you have had time to wash your flared knicks, along comes Udeni to show you his 60s moves. So put some fresh flowers in your hair (if you have any) and this time try not to completely destroy them when

you put your helmet on. Sunrise at 06:22 Start Time: Meet at 08.15 for an 08:30 start Start Location: Raffles hotel, western end of Canning Bridge. Near the drinking fountain. Description: From Raffles/Canning Bridge West, head up the river towards Point Walter, then continue up the hill to Bicton, and follow Riverside Drive to Marine Terrace. Coffee @ Roasting Warehouse South Fremantle (old Port City Roasters). Then on South Terrace towards South Beach, through Hollis Park, to Hampton-Rockingham Road intersection, on to Healy Road, south on to Redmond, east Millar Cres., south to O'Connell St., east on to Forest Road towards Bibra Lake. Follow Progress Rd to the Kwinana FWY bike track and then back to Raffles Finish. ...
Leader: Udeni 0439 933 968;

West Coast Ride with Ian
Wednesday September 17 @ 8:30am
Midweek, Moderate 20-25km/h, Road bike - Some hills
More info to come. ...
Leader: Ian Grose 0431 424 488;

OYB Prologue - River to Sea
Sunday September 21 @ 8:00am
50km: Moderate 20-25km/h, Road bike - Some hills, Touring bike, Weekend
Not sure which river. Not even sure which sea. Never mind, just get OYB and follow Lois to find out. Sunrise at 06:08 Start Time: Meet at 08:00 for an 08:15 start. Start Location: Narrows Bridge, southern end. Near the toilet blocks. Just for something different, whoever is standing closest to the toilets at 08:00 wins a prize. Description: Meander north west to Floreat Beach, then south to Leighton beach return via Claremont, Dalkeith and Crawley. With special guest leaders Maureen & Steve. ...
Leader: Lois G tour-leader-oyb@ctawa.asn.au;

TBA, with Jude
Wednesday September 24 @ 8:00am
Moderate 20-25km/h, rt-Social
Watch this space. ...
Leader: Judy 0400 229 159;

Ride with Christine
Sunday September 28 @ 8:30am
50km: Moderate 20-25km/h
More details to come ...
Leader: Christine Liddiard 0400 570 077;

TBA, with Taka
Wednesday October 1 @ 8:30am
...

Social Night: LEJOG - Two Ways to End-to-End It
Thursday October 2 @ 6:45pm
Meeting, Social
Looking to do the Lands End to John O'Groats (LEJOG) long-distance cycling challenge in the UK? Then this social event is a must for you to attend! We are fortunate to have an evening with CTA speakers from both the 2024 unsupported LEJOG journey and the 2025 supported LEJOG journey. So, before you blindly embark on this cycle tour traversing the entire length of Great Britain, come and hear about recent insights into everything you need to know, including route options, supported versus unsupported, and what to see and what to avoid, plus more! A light supper will be provided on the night. Don't forget to bring your own mug. See you at The Rise in Maylands, 7pm start. However, to prevent the spread of Covid and flu, please do not attend if you have any flu-like symptoms or have a cough. Thank you for your cooperation. ...
Leader: Linda social@ctawa.asn.au;

Ride With Linda T. - TBA
Sunday October 12 @ 8:30am
50km: Midweek, Moderate 20-25km/h
More info to come. ...
Leader: Linda Tompkins 0419 933 998;

2025 On Your Bike - Forests and Murals
Saturday October 18 - Sunday October 26
Main Events, On Your Bike, Road bike - Rolling, Tour, Touring bike
Tour Brochure Detailed Information Entry Form (Apple users - check alternate form below) e-bike Entry Form (also refer to the revised Policy on e-Bikes) Garment Sizing Chart <!-- GPX Route Files --> This year's On Your Bike will begin & end in Coolup, & will include Harvey, Bunbury, Donnybrook, Collie, Waroona, & Dwellingup. Murals will be featured in every town, & forests visited

include Dwellingup State Forest, Wellington National Park, & Preston National Park. [metaslider id="10682"] The Tour Entry Form has fillable form fields which may be supported by your browser. For users who may encounter problems (e.g. some Apple users), an alternative form is available here. Tour Leader: Lois Grinceri ...

Last Saturday Suffer-fest, with Nick
Saturday October 25 @ 8:30am

If you're looking for pain and more pain with nothing to gain, then official club sadist Nick has the ride for you. Just don't come crying to me afterwards. Sunrise at 05:26 Start Time: TBA Start Location: TBA Description: Get ready to sweat, grind, and push your limits. On the last Saturday of every month (except September - because Nick is away), he'll be hosting a fast-paced ride for those looking to build fitness and have some serious fun. What's on the menu? It could be a non-stop PSP smash, a hill-climbing suffer-fest, or an MTB adventure on the blue trails - whatever keeps things interesting. The exact route will be determined by weather and wind, AKA Feng Shui, ensuring the best riding conditions. Details: Â· Ride details will be posted at least 6 days in advance. Â· Expect a solid workout - this is for those looking to push their limits and get stronger. Â·

We'll keep the pace high, but this is a no-drop ride - no one gets left behind! Â· If the weather is unfavourable, the ride may be cancelled. Keep an eye out for updates. So, if you're up for a challenge but don't want to ride alone, mark your calendar and join the fun. Ride fast, suffer well, and get stronger - together. See you on the road (or the trails)! ...
Leader: Nick Choy 0414 946 649;